NIGERIAN HEART FOUNDATION REPORT

Dr. Kingsley K. Akinroye
Executive Director
ORGANISATION

• President: Prof. Oladipo.O. Akinkugbe CFR
• 14 Board of Trustee Members
• 12 Executive Board Members
• Executive Director
• Federal & State Ministries of Health and Education
  - National Agency for Food & Drug Administration & Control (NAFDAC)
  - National Institute of Medical Research (NIMR)
  - Standards Organization of Nigeria (SON)
  - Federal Institute of Industrial Research (FIIRO)
  - Nigeria Center for Disease Control
  - Pharmaceutical Industries
  - Food industries & Manufacturing Companies
ACTIVITIES

- World Heart Day 2015 –
  a. Launch of –Fight the good fight Against Hypertension 
     (FITGAH; in Partnership with Neimeth International Pharmaceutical company)
  b. Carlisle Healthcare
  c. Baptist Church, Ikoyi, 352 participants
- Healthy-Heart Nutrition Bazaar, 2014 -236 participants
- World No Tobacco Day in collaboration with;
  - United Nations Information Center (UNIC)
  - Coalition Against Tobacco
  - fifteen Secondary Schools in Lagos, 2015 – 246 participants
- National Summit on Lipids and Cardiovascular Health in the Nigerian Population, April 21st 2016 - 222 participants
PLANNED ACTIVITIES

• World Heart Day 2016
• World Hypertension Day 2017
• World No Tobacco Day 2016
• Salt Awareness Week, February 14th-28th, 2017
• World Physical Activity Day May, 2017
• Healthy Heart Nutrition Programme 2016
• Golf Tournaments 2016
• Journalist Heart Health Workshop – 2016
• Home Grown School Feeding Evaluation Meeting Nov. 2016
• Heart Check Food Labelling Workshop - 2016
• Promotion of Heart-Health Nutrition through Food Labelling, which commenced in 1998, has been scaled up; A consensus statement was released on Lipids and Cardiovascular in the Nigerian Population following a National Heart Health Nutrition Summit convened by Nigerian Heart Foundation in April 2016
• Nigerian Physical Activity Report Card 2013 and 2016
• FITGAH Partnership with a Local Manufacturing Drug Company to market affordable anti-hypertensive drugs and Blood pressure monitoring equipment company; Microlife Ltd.
CHALLENGES

• Need for Human Resources Personnel i.e. Engagement of Consultants & Staff
• Regular Workshop (Training of Partners on Heart-health)
• Engagement of Partners for Funding
VISION FOR THE FUTURE

• Expansion: More Programmes
  a. Promotion of Heart Health at Primary Health Centers over the country
  b. Openings of NHF Charity Heart Shops in major cities in Nigeria
  c. Train & build capacity of existing Heart Foundation Member Organizations
  d. Participation of AHN in National Heart Foundations Activities
  e. Form a base for collaboration with Manufacturers & Research Institutions
  f. Funding
THANK YOU